

Southwestern Quesadilla

Ingredient List:	Method:
<p>1 tbsp olive oil</p> <p>1 white onion sliced thinly</p> <p>2 jalapeños de-seeded and sliced thinly</p> <p>1 package of sliced baby bella mushrooms</p> <p>1 ear of corn cooked and cut off cob</p> <p>1 tbsp chili powder</p> <p>1 tsp sea salt</p> <p>1 tsp paprika</p> <p>1 C mexican blend cheese</p> <p>8 whole wheat tortillas</p>	<p>Turn broiler on low</p> <p>Line a baking sheet with aluminum foil</p> <p>In a medium skillet heat oil over medium</p> <p>Add onions and peppers and cook until starting to turn translucent about 5 minutes</p> <p>Add mushrooms and seasonings</p> <p>Cook an additional 5 minutes until mushrooms are soft</p> <p>Split mushroom mixture between 4 tortillas</p> <p>Sprinkle with cheese</p> <p>Top with tortillas</p> <p>Broil each side on low for 3 minutes or until browning</p> <p>Enjoy!</p> <p>Serves 4</p>